



USC University of
Southern California

Help us advance Cognitive Behavioral Therapy tools for an NIH research study

USC IRB: #UP-25-01056

Who is Eligible?

USC students over the age of 18, with normal or corrected to normal hearing or vision, and fluency in English. Have elevated levels of anxiety, and lower than minimal risk of suicide.*

Time Commitment and Format:

6-weeks of regular at-home robot guided CBT sessions

Compensation:

Up to \$285 via Amazon gift card

Investigators:

Prof. Maja Matarić

Prof. Jonathan Stange

Study Contact:

studyrec@usc.edu

Acknowledgment:

This study is supported by the National Institutes of Health under award number R01MH139134.



*All study personnel have reporting obligations about participants with moderate to severe suicide risk.

Researchers at the USC Interaction Lab are recruiting USC students for to complete robot-guided CBT homework exercises over a course of 6-weeks.

What will you be asked to do?

Participants will complete robot-guided CBT homework exercises four to five times a week with the socially assistive robot (SAR), Blossom. Each homework session will last approximately 30-45 minutes.

Participants will be asked to complete periodic surveys and also wear a Fitbit to collect physiological data.

Please scan the QR code at the bottom and fill out the screening consent form.





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